

Dear patient,

You are receiving this letter because you are currently taking one or both of the following medicines:

- **Pregabalin (Lyrica)**
- **Gabapentin (Neurotin)**

As of the **31st of March 2019**, both the above drugs will be classed as a **schedule 3 Controlled Drug** (The Misuse of Drugs Regulations 2001).

This means that these drugs, to be valid, on top of the normal prescription requirements for prescription only medicines (as required by the Human Medicines Regulations 2012), prescriptions for these drugs must now also include

- **The dose;**
- **The form;**
- **The strength (where appropriate);**
- **The total quantity or dosage units of the preparation in both words and figures.**

Furthermore, prescriptions for these medicines will now only be **valid for 28 days** from the day of signing. Additionally, prescriptions for Schedule 3 medicines are usually given for a **maximum of 30 days**.

Finally, Schedule 3 medicines are **not allowed to be placed on repeat dispensing**. This means that we will no longer be able to prescribe these on multiple post-dated scripts.

If you have any questions about this change, please feel free to contact us at reception and ask for our Pharmacist.

Kind regards

Chiswick Health Practice.